

TIPS TO GET THE MOST OUT OF YOUR SPOTLESSMIND ASSESSMENT

If you're reading this, it probably means you're preparing to take the SpotlessMind assessment. Congrats on the great decision to do it—it will be short, fun, and helpful for everyone. Here are some basic tips to make sure you make the most of it.

ALLOCATE ENOUGH TIME

Taking the assessment takes between 5 and 25 minutes, depending on how fast you think and write. The average user does it in 15 minutes.

BE PREPARED TO WRITE FREE FORM TEXT ANSWERS

The questions are mostly free form text answers. It will ask you questions about some experiences and some thoughts and some emotions you have. Be in the mood to answer about yourself!

EACH ANSWER SHOULD BE 2-3 SENTENCES, OR MORE

The system will accept any answer, of any length. But we recommend to make sure each answer is two or three sentences, at a minimum. The reason for this is to make sure the platform learns enough about you. Often one sentence is a direct answer, and then another sentence or two explaining the answer is helpful.

ANSWER HONESTLY; ALL RESULTS ARE CONFIDENTIAL

All the results of the questions are fully private; our internal team can't even see the results. And anything you privately reveal will not be revealed in the assessment; rather, it is fed into our system to then optimize and improve its understanding of you. Of course, anything you feel sensitive or private about, do not mention; stay within your own comfort zone.

REVIEW YOUR BRIEFING UPON FINISHING ANSWERING THE QUESTIONS

After you answer all the questions, it will give you a Briefing about yourself. Read it, and enjoy! Note that any sentence or section on it that you think needs to be improved, you can click on and add a comment while asking it to rewrite that section.

ENJOY THE PROCESS!

The process is designed to make you think while enjoying doing it. Have fun!

BE SOMEWHERE YOU CAN FOCUS

If you are receiving emails, txt messages, chats while you're trying to answer the questions—you'll never finish, and your answers will be worse. Go into focus mode for these 15 minutes!

USE YOUR LAPTOP OR DESKTOP

While you can answer on your phone, typing paragraphs is harder, and the interface is especially smooth on your laptop. So answer using a keyboard!

THE MORE SPECIFIC THE ANSWERS, THE BETTER

Our platform is designed to read between the lines of what you write to really understand you. But there is only so much it can do. If every answer is monosyllabic one-word answers, then it will learn very little about you. The longer and more specific and more detailed your answers are, the better. Give us something to work with!

INCORPORATE FEEDBACK FROM YOUR COLLEAGUES

The Reports often become magical after requesting three or more colleagues to answer some questions about you, too, that is then incorporated into it. At the bottom of your Briefing, you may want to use the option to request feedback on how you work from at least three colleagues.